

COYOTE RESOURCE GUIDE

**SUPPORT FOR FACULTY, STAFF AND
PEERS WORKING WITH A STUDENT IN
NEED OF ASSISTANCE**



UNIVERSITY OF
SOUTH DAKOTA

SIoux FALLS

University of South Dakota Student Counseling Center – Sioux Falls (SCC)

RESPONSE PROTOCOL

Follow the chart below to determine who to contact when working with a student who needs assistance.

ASK YOURSELF: IS THE STUDENT A DANGER TO SELF OR OTHERS?

YES

1. Notify the appropriate administrator (e.g., principal, vice principal, or superintendent) and the appropriate support personnel (e.g., school counselor, social worker, or nurse).

2. Notify the appropriate law enforcement agency (e.g., police or sheriff's office).

3. Notify the appropriate mental health professional (e.g., school psychologist, school counselor, or community mental health professional).

I'M NOT SURE

1. Notify the appropriate administrator (e.g., principal, vice principal, or superintendent) and the appropriate support personnel (e.g., school counselor, social worker, or nurse).

2. Notify the appropriate law enforcement agency (e.g., police or sheriff's office).

NO

1. Notify the appropriate administrator (e.g., principal, vice principal, or superintendent) and the appropriate support personnel (e.g., school counselor, social worker, or nurse).

2. Notify the appropriate mental health professional (e.g., school psychologist, school counselor, or community mental health professional).

See resource guide on next page.

CONNECTING STUDENTS WITH SERVICES

What does the Student Counseling Center-SF offer?

SAME DAY APPOINTMENTS

One-time appointment with a counselor. This appointment consists of short focus-based therapy.

INDIVIDUAL COUNSELING

One-on-one counseling for eight sessions a semester.

SCAN THE QR CODES BELOW TO SIGN UP FOR ANY OF THE APPOINTMENTS ABOVE

Same Day

Individual



CONFIDENTIALITY AND HIPAA

CONFIDENTIALITY AND HIPAA

SAFETY FIRST

SAFETY FIRST

WHAT TO WATCH FOR:

ACADEMIC INDICATORS

- Sudden decline in quality of work and grades
- Repeated absences
- Bizarre content in writings or presentation
- You find yourself doing more personal than academic counseling during academic hours

PHYSICAL INDICATORS

- Marked changes in physical appearance
- Excessive fatigue/sleep disturbance
- Intoxication, hungover, smelling of alcohol
- Disoriented
- Slurred or garbled speech

SAFETY RISK INDICATORS

- Unprovoked anger or hostility
- Implying or making direct threat to harm self or others
- Communicating threats via email, text, social media or phone calls

PSYCHOLOGICAL INDICATORS

- Self disclosure of personal distress
- Excessive tearfulness, panic reactions, irritability, unusual apathy
- Verbal abuse (taunting, badgering, intimidation)
- Expressions of concern about student by peers

SEE SOMETHING. SAY SOMETHING. DO SOMETHING.

SEE

OBSERVE

Since you may have frequent and/or prolonged contact with a student, you are in a unique position to see a noticeable change or distress in a student.

Become familiar with symptoms of distress and attend to their occurrence.

TRUST YOUR INSTINCTS

If you feel uneasy about a student, contact the Dean of Students office or file a CARE Team referral. Early intervention can prevent more serious problems from developing.

INITIATE CONTACT (BE PROACTIVE)

Don't ignore strange, inappropriate or unusual behavior. Talk to the student privately, indicating concern in a direct matter-of-fact manner.

LISTEN CAREFULLY

Allow the student time and latitude to express their thoughts and feelings. Refrain from expressing negative opinions. Don't minimize their concerns.

Students may struggle to articulate their distress. Don't be afraid to ask if they are suicidal.

SAY

KNOW YOUR LIMITS

Students in distress often require a great deal of time and energy. If you think or feel a student's problems are more than you can handle, trust your feelings.

CLARIFY YOUR ROLE

When supporting a student, be frank with the student about your expertise and role.

Frame any decision to seek and accept help as an intelligent and wise choice. Emphasize that asking for help is a sign of strength.

Respect the student's privacy and autonomy without false promises of confidentiality.

OFFER SUPPORT AND ASSISTANCE

Make reflective comments; repeat back to the student what they have said to clarify and demonstrate understanding.

Meet and talk privately to minimize embarrassment and defensiveness.

DON'T minimize the student's distress
DON'T challenge or argue
DON'T assume a student's motivation or behavior

DO keep your voice low and speak slowly
DO convey your concern and your desire for their well-being

Clearly express your concerns focusing on the specific/observable behaviors in nonjudging terms.

Offer supportive alternatives, resources, and referrals.

Explore student's support systems on and off campus

If you have any concerns about self-harm, BE SURE to ask explicitly if the student has thoughts or plans to end their life or harm themselves.

DO

PREPARE

Before you are in a situation where you are dealing with a student who needs assistance:

Have your resources at hand

Know who to call for support in the moment

Know how to make a referral

Take QPR training

DE-ESCALATE

Remain calm and non-threatening (consider the tone of your voice and posture/body position); people will often mirror your demeanor, minimizing escalation.

Acknowledge student concerns; people in distress need to hear/feel that they are being heard. In the event student is not de-escalating and you have safety concerns, remove yourself/others, and call for appropriate support.

REFER

For safety concerns, remember to call 911 first. Recommend services and provide student with realistic expectations.

Call the Student Counseling Center with the student to assist in making a connection or appointment. Remember the SCC offers Same Day Appointments every Tuesday from 1-4p.m.

When appropriate, make plans to follow up with the student on how the referral went.

CONSULT

As part of supporting a student in distress, you may need additional support and guidance.

Either before, during, or after meeting with a student, file a CARE Team referral (link.usd.edu/CARE-Referral) and follow up with department chair or leadership representative.

While it is generally recommended you consult openly with the student present, you may want to consult privately if there are safety concerns. If necessary, find someone to stay with the student while you consult with appropriate resources.

REFERRAL EXAMPLE GUIDE

Below are some examples of situations that could arise and what action should be taken.

SCENARIO		CONTACT
Student is threatening or reporting a threat to the safety of themselves or others.	→	University Police Department 605-658-6199 911
Student discloses they have been a victim of sexual assault, stalking, dating or domestic violence, sexual exploitation or harassment, or gender discrimination.	→	Title IX Coordinator 605-658-3665 Slagle 206
Student demonstrates any mental health concern: depression, anxiety, suicidal thoughts, a loss of touch with reality.	→	Student Counseling Center · 605-658-3580 Coyote Care · 833-569-1686
Student is considering withdrawing from USD, is debilitated/overwhelmed by personal/family situation, displays unhealthy or dangerous patterns of behavior, or is hospitalized or experiencing serious illness.	→	Director of Academic & Student Support · Aaron Anthony Aaron.Anthony@usd.edu ph. 605-274-9511 USD CARE Team link.usd.edu/CARE-Referral
Student reports having academic difficulty or a need for academic accommodation due to a physical, psychological, or learning disability.	→	Disability Services · 605-658-3745
Student is struggling academically. Student is chronically late, missing class, and does not complete assignments.	→	Academic Advising · 605-274-9500 USD CARE Team link.usd.edu/CARE-Referral
Student violates the academic integrity policy, reports that they have been subjected to hazing/harassment/discrimination, violates local/state/federal law, violates any university policy, or causes a significant or ongoing disruption to the classroom.	→	Student Rights & Responsibilities · 605-658-3561 SRR@usd.edu

QUICK RESOURCE GUIDE

REFERRAL, RESOURCES & INTERVENTION

Academic Advising

PH: 605-274-9514

Location: FSC1 220

Email: USDSF-Advising@usd.edu

Website

Academic Support & Tutoring

PH: 605-274-9514

Location: FSC1 220

Email: USDSF-Advising@usd.edu

Website

Business Office

PH: 605-274-9520

Location: FADM 133

Email:

usdsf-businessoffice@usd.edu

Website

Charlies Cupboard

PH: 605-274-9562

Location: FSC1 142

Email: cheryl.hartman@usd.edu

Website

Facilities/Security

PH: 605-274-9513 (7a-4:30p)

605-334-9357 or 605-929-2823

(4:30p-Later)

Location: FADM 172

Email: usdsf-security@usd.edu

Website

Library Support

PH: 605-274-9576

Location: FSC1 232

Email: Caroline.Bates@usd.edu

and/or library@usd.edu

Website

Opportunity Center

Location: FSC1 143

Available Tuesdays from 1:30-4:30p.m.

Website

Student Success Coaching

PH: 605-274-9514

Location: FSC1 207

Email: Jackie.AISaffar@usd.edu

Website

Technology Services (I.T. Help Desk)

PH: 605-274-9525

Location: FADM 135

Email:

usdsf-technologyservices@usd.edu

Website

Testing Center

PH: 605-274-9550

Location: FADM 168

Email:

usdsf-testingcenter@usd.edu

Website

CARE Team

PH: 605-677-5331

Website

Director of Academic &

Student Support

Location: FADM 238

PH: 605-274-9511

Email: usdsf-advising@usd.edu

POLICE & LAW ENFORCEMENT

Title IX Office

PH: 605-658-3665

Email: Jean.Merkle@usd.edu

Website

Student Rights & Responsibilities

PH: 605-658-3561

Email: SRR@usd.edu

Website

Sioux Falls Police

Emergency PH: 911

University Police

Vermillion, SD

PH: 605-658-6199

I CARE

PH: 605-658-6155

Email: Rebecca.A.Kaiser@usd.edu

Website

WORKS CLINIC

US Divorce and Custody Forms

Help and Mediation

Ph: 605-658-3548

Email: works@usd.edu

Website

CULTURAL AND SOCIAL RESOURCES

TRIO

North Commons 101

PH: 605-658-6131

Email: triosss@usd.edu

Website

TRIO's Talent Search

PH: 605-274-9500

Location: FSC1 123

Email: Martha.Miller@usd.edu

Website

Gallagher International Center

PH: 605-658-3599

Email: theworld@usd.edu

Website

Student Veteran Resource Center

PH: 605-658-3570

Email: Veterans@usd.edu

Website

USD Involved

Website

HEALTH AND WELL-BEING

Student Counseling Center

Sioux Falls

PH: 605-658-3580

Location: FADM 156

Email: SCC@usd.edu

Website

Psychological Services Center

Union Building, Vermillion, SD

PH: 605-658-3720

Disability Services

PH: 605-658-3745

Email:

disabilityservices@usd.edu

Website

Hotlines

These can be used if there is a situation outside of normal business hours:

Suicide Hotline - 988

Sexual Assault - 800-656-4673

Domestic Violence - 800-799-7233

Veterans - 800-173-8255(press 1)

Substance Abuse - 800-662-4357

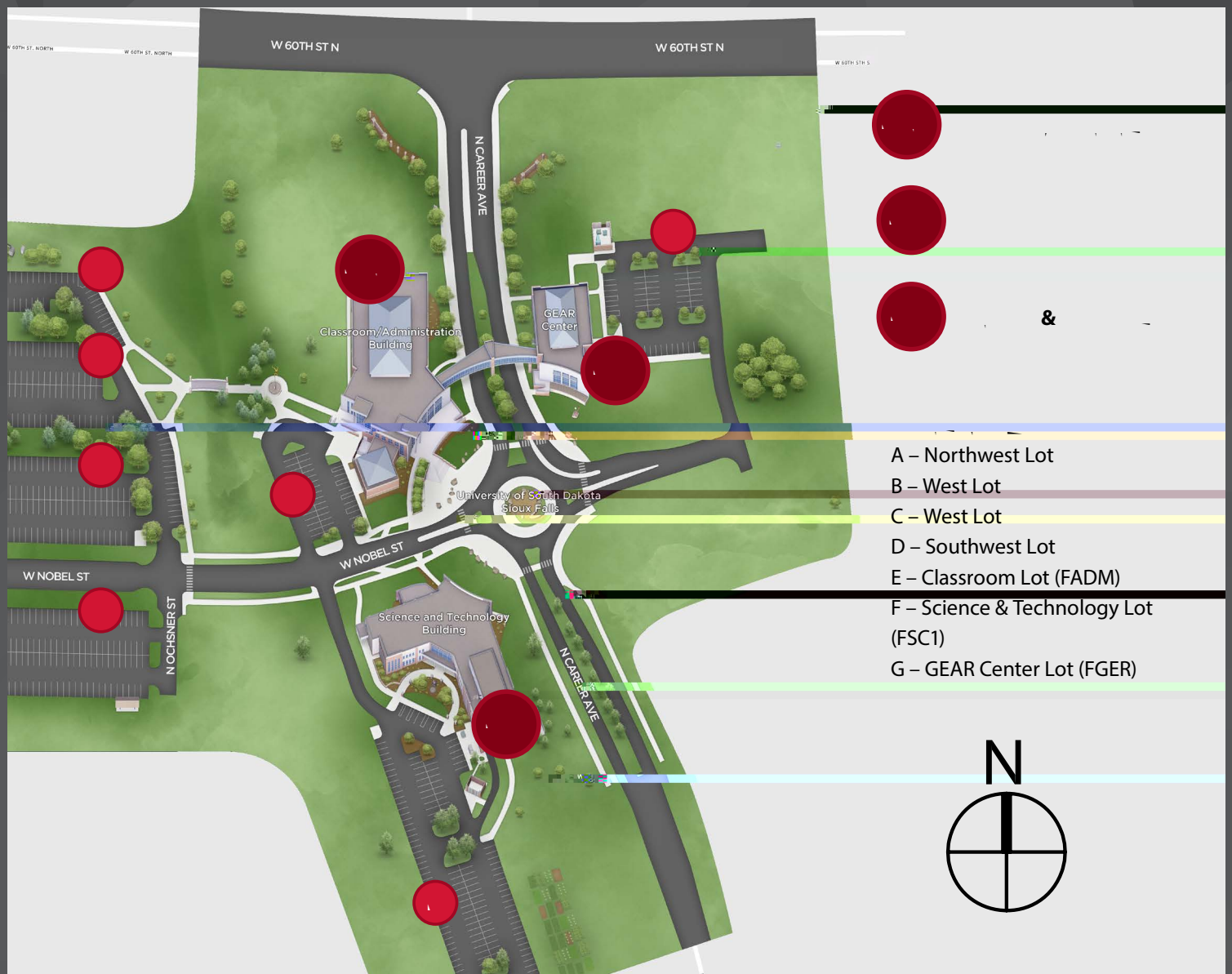
Child Abuse - 800-422-4453

Crisis text line - Text HOME to

741741



**SCAN THE QR
CODE TO VISIT
OUR WEBSITE
AND VIEW ALL
RESOURCES.**



SEE SOMETHING. SAY SOMETHING. DO SOMETHING.



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